

10 km ROUTE

<https://www.plotaroute.com/route/2322980>

The 10 km starts in Doornbosch Street, at the lower school entrance (at tennis courts)

1. Run towards Van Reede Street and turn **LEFT** into Van Reede Street.
2. Turn **RIGHT** into Koch Street to run around the open area used for parking.
3. Turn **LEFT** into Park Street.
4. Turn **LEFT** into Piet Retief Street.
5. Turn **LEFT** into the first street – Vrede Street (*The 1km mark is just before dentist*).
6. Turn **RIGHT** into Koch Street.
7. At the bottom of Koch Street turn **RIGHT** into Suidwal.
8. Staying in Suidwal, cross Piet Retief Street, past Paul Roos, up to the mini-circle at Coetzenburg Stadium and then **LEFT** over the old bridge and again **LEFT** into Die Laan.
9. At the T-junction at the Kweekskool turn **LEFT** into Noordwal West (stay along the river) and proceed to Piet Retief Street.
10. Turn **RIGHT** into Piet Retief Street and proceed to Dorp Street.
11. Turn **LEFT** into Dorp Street and follow Dorp Street to the R44.
12. Turn **LEFT** into the R44, towards Somerset West (***Running with the traffic.***)
13. Proceed along the R44 past the Engen garage, past Jamestown, past the new graveyard to Louw-se-Bos. (***Running with the traffic.***)
14. Turn **LEFT** into the Stellenrust road and proceed along this road past the Stellenzicht wine farm entrance and the turn-off to Dornier wine estate. (***Runners running with the traffic.***)
15. Proceed along the this road. It now becomes the Blaauwklippen Road.

Proceed along the Blaauwklippen Road past Klein Dasbosch and towards Paradyskloof and the R44. (***Running with the traffic.***)

16. At the end of the Blaauwklippen road, just before the Engen garage, and at the bend in the road, marshals will **take runners to the right-hand side of the road.**
17. Follow the road around the perimeter of the Engen garage and immediately turn **RIGHT** into the R44, ***running against the traffic.***
18. Follow the R44, cross Van Reede Street and proceed to the Eikestad Primary and enter the gate from the R44.
19. Follow the bunting to the finish on the field.