



## **Landmarks Half Marathon**

### **Route Description**

**(The athletes have full use of the width of the roads unless stipulated below)**

The race starts on the Wally Wilson Oval, WP Cricket Club, Wally Wilson Oval, opposite the lamp post closest to the squash courts, 16m infield from the edge of the field, facing south

The runners run around the field in an anti clockwise direction and exit WPCC via the access road past the Cycle Trust buildings before turning left into Avenue de Mist

The runners then turn right into Lochiel Road and right again into Sandown Road

At Sandown Road the runners run diagonally across the road and first left into Oakvale Road

**1 km:** Opposite no 4 Oakdale Road on the right hand side

The runners then turn left into Riverton Road and left again into Silwood Road

**2 km:** Silwood Road, on the corner of Silwood Road and Barkley Road on the right hand side

They carry on around Silwood and turn left into Links Road and then right into Park Road, where they keep to the right hand side of the road.

The athletes then cross over Milner Road and carry on along Park Road

**3 km:** 5m before the driveway to no 5 Park Road on the left hand side

They turn left into Bordon Road and then left again into Balfour Road

**4 Km:** Opposite no 40 Balfour Road on the left hand side

They run all the way up Balfour before turning right into Arundel Road

At the T junction at Arundel and Loch Road the runners turn right into Loch and the immediately left into Barnard and on into Heath Road

The runners then turn left into Loch Road past Sportsman's warehouse and left again in to Klipfontein Road

**5 km:** Klipfontein Road, 10m before the entrance to the Red Cross Children's Hospital on the left hand side

In Klipfontein Road the runners keep to the extreme left, and run over Milner Road before turning left into Sawkins Road

**6 km:** Sawkins Road, at the start of the Rondebosch Common parking area on the left and 5m before a palm tree on the right hand side of the road

After the traffic circle, they turn right into Alma Road, cross over Liesbeeck Parkway and run as far as the T Junction at Lower Nursery Road.

Here they turn left and run through the subway under the railway line.

Once out of the subway the runners turn left and then right into Ryan Road

**7 km:** Ryan Road, Rosebank, just after exiting the subway under the railway line at the end of AIMa Road

They then cross over Main Road and carry on into Chapel Road

At the top of Chapel Road the athletes turn right into Cecil Road before turning left into Rhodes Avenue up towards Mostert's Mill

**8 km:** Rhodes Avenue, opposite the UCT Warden's House/ Cottage on the right hand side of the road

At Mostert's Mill the runners take the pathway alongside Rhodes Drive, cross over the pedestrian bridge and carry on as far as Woolsack Road

Here they turn right and using the left hand side of the road continue until the parking area just below the Sports Centre (P1), where they turn left

**9 km:** 30m after the start of the path in front of the UCT Rugby fields

From here the runners follow the cycle/running track alongside the M3 until the subway opposite Cypress Road before returning along the path way until Alcis Road (the end of the pathway)

**10 km:** 30m after the start of the pathway alongside the M3 just after Zoo Parking

**11 Km:** 1m after a street lamp next to the M3, 100m before the Newlands Forest parking area

The runners turn right into Alcis and then right onto the pathway on the mountain side of Newlands Avenue

**12 km:** 5m after the garage to no 5 Alcis Road on the left hand side

From here they turn right into Cypress Road, left into Pinewood and then right again onto the pathway next to Newland Avenue

**13 km:** Opposite no 74a Magnolia Road on the right hand side of the road, before turning right back into Newlands Avenue

The runners cross Newlands Ave at Ravensberg Avenue and continue all the way down Ravensberg until they turn right into Alister Avenue

**14 km:** Opposite the entrance gate to no 4 Alister Road on the left hand side just before Paradise Park

The runners then turn left into Paradise Park and run through the park up onto Bucksburn Road, where they turn to the right

Then right again into Lothian Road and left into Colinton Road, past the Vineyard Hotel on the left

The runners turn left into Kildare Road

**15 km:** Kildare Road, on the corner of Kildare Road and Melba Road on the left hand side

and then right into Main Street, where they keep to the right

At Dean Street they turn right and move over to the left hand side of the road.

They turn left into the parking area of Great Westerford and then do a U turn down the pavement and under the subway under Main Road

**16 km:** Just before the southern exit of the Great Westerford parking area, as turn to the right to go under the subway under Main Road

From here the runners carry along the path and up onto Boundary Road at the Newlands rugby stadium

They turn right into Boundary Road, and then on into Sport Pienaar Road

**17 km:** Sport Pienaar Road, behind the SA Breweries opposite the old Springboks pub

From there, the runners bear right into Lettersedt Road and cross over to the left just before Main Road

Left into Main Road, keeping to the far left and then left again into Campground Road

**18 km:** Campground Road, 10m before the robots at the intersection of Campground and Marienthal Roads on the right. Before the cricket stadium

The runners cross Campground and continue into Keurboom Road and turn first left into Aberdeen Road

**19 km:** Aberdeen Road, 30m before the intersection of Aberdeen and Sunnybrae, and 30m after Fife Road

At the end of Aberdeen Road, the athletes turn right into Sunnybrae Road, and continue along this road until the path into the Rondebosch Park.

They run over the bridge, turn left and continue on until the Memorial Gates at Oakhurst Road

The runners then turn left into Oakhurst Road and right into Tullyallen Road

**20 km:** Opposite no 6 Tullyallen Road on the left hand side

right into Kilgetty Road and right again into Coniston Road

At the traffic circle, the runners turn left into Avenue de Mist and then right into the WPCC complex on the same road which they originally came out of.

They then run around the Wally Wilson Oval in an anticlockwise direction to the finish

**21 km:** Wally Wilson Oval, opposite the edge of the south western end of the pitch, and in line with the sidescreen on the right

The finish is on the Wally Wilson Oval 189m from the edge of the sidescreen on the northern edge of the oval. To be measured out with a wheel on the inside line at race set up



**Gavin Wright**